

**9 NOVEMBER 1999****REVIEW OF MENTAL HEALTH DAY SERVICES - CLUBHOUSE DEVELOPMENT**

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**1. Purpose**

- 1.1 To update the Committee on progress to date, in relation to the feasibility of reconfiguring of Mental Health Day Service to include a “clubhouse” model.
- 1.2 To seek the Committee’s approval to tender for the service provider to develop and manage the “clubhouse” in line with the national clubhouse standards.

**2. Summary**

- 2.1 The user led review presented at Committee in February of this year, indicated that service users were supporting the development for an additional model of service to be added to the range of day services currently offered to Mental Health service users. Their choice was the “clubhouse”.
- 2.2 They were confident that this model of service would be a valued addition to current services but it was essential to preserve a range of services including “drop ins”. It was acknowledged that this would have to be achieved within existing resources.

**3. Recommendations**

- 3.1 The Committee is asked to:
  - (a) approve a tendering process to identify the best service provider for the management of a Milton Keynes Clubhouse; and
  - (b) delegate the management oversight of the process to the Strategic Director of Neighbourhood Services who will consult with the Clubhouse Steering Group.

#### 4. **Background**

- 4.1 At the point of transferring services from Buckinghamshire County Council's Social Services Department, in 1997, day services at Keystone were in some difficulty. These problems were brought to the attention of Elected Members. As a consequence, an independent organisation, Workplace associates were commissioned to undertake an investigation into the complaints at Keystone.
- 4.2 One of the recommendations in the final report was that an in-depth user led review of Mental Health Day services be undertaken as a matter of urgency.
- 4.3 This service is part of the Councils' provision of Community Care Services. The review process and the Clubhouse Steering Group, are examples of the Councils commitment to being a consultative organisation and to providing quality services.
- 4.4 This work began in August 1998 and was presented to committee in February 1999. At that committee it was agreed that further work should be undertaken to consider the feasibility of developing a clubhouse in Milton Keynes while maintaining the existing range of services.
- 4.5 The Mental Health Day Service Review and the suggested reconfiguring of the service is a key task under 5.1 of the Directorates Strategic Plan.
- 4.6 The clubhouse provides a very specific model of service, which has been developed over the last 50 years. The underlying principle is that the clubhouse is run by its members. It is based on the belief that every member has some kind of contribution to make. Every member has a say in the running of the clubhouse and has responsibility to contribute to it. The clubhouse offers long term structured support and a place to belong. The Supported Employment Programme that operates within the Clubhouse, offers safe opportunities moving back into the world of work.
- 4.7 The Neighbourhood Services Committee on 2 February 1999 agreed the following:
- (a) to approve the feasibility and development work on providing a "clubhouse" model of day service in Milton Keynes;
  - (b) to approve the introduction of common quality standards for all drop ins;
  - (c) to begin consultation with the Community NHS Trust and service users on the development of joint day services which would include aspects of Campbell Day Hospital and Keystone; and
  - (d) to support further development of the STEPS work project and MIND;
- 4.8 Since February, a Clubhouse Steering Group has been established. There are more than a dozen service users involved and 20 more who are keeping in touch with developments through the mailing list. The group has met on four occasions and prepared the information required to develop the specification for the service.

## 5. **Issues and Choices**

5.1 Formal Committee authority is required due to the size of the proposed contract.

5.2 There has been a successful bid for supplementary credit approval (SCA) for the building and all capital expenditure in relation to the development of the clubhouse.

This will provide £300,000 to buy or build a suitable premise.

If this scheme is not complete as at 31 March 2001, the SCA will be lost.

A Capital Project and Resource Appraisal is attached as an **Annex** to this report.

5.3 When the Clubhouse is up and running it will provide a service for 20 - 30 people a day and it is likely that up to 90 people could use the service over the course of a week. This will impact on the number of people currently using the services at Keystone and the drop ins.

5.4 Ideally the current services should continue or overlap the opening of the Clubhouse to ensure that no one is left without a service. Timing of changes to the service will need careful planning and user involvement.

5.5 The Clubhouse Steering Group will play a key role throughout the development process. They have agreed the basis for the specifications for the service and will be involved in deciding the service provider and the site of the Clubhouse. The training and confidence gained by the Steering Group Members will set a positive model for Members in the future.

## 6. **Implications**

### 6.1 Environmental

There will be a purchase of a property to house the clubhouse. This is likely to be in either Wolverton or Bletchley, given the specification. Planning permission for change of use/development will be needed and will address local environmental considerations.

### 6.2 Equalities

All of the proposals have been developed with a range of service users. This has included a mix of people of differing ages and a balance of gender. The Clubhouse Steering Group will be making all of the decisions about the clubhouse and any provider will need to demonstrate their commitment to the continuation of this process. Any provider will need to be an equal opportunities employer.

The clubhouse will have disabled access. The Clubhouse will need to make particular efforts to ensure that ethnic minority communities feel confident in using the service.

### 6.3 Financial

There are no additional resources required but rather a reconfiguring of the existing budgets.

The detail of these changes will be achieved in consultation with service users.

#### 6.4 Legal

There will be the legalities involved in the acquisition of property and needing planning permission. The tendering will involve entering into contractual arrangements with an independent service provider.

#### 6.5 Staff and Accommodation

There will not be any additional staff employed by the Council nor any use of Council premises.

### 7. **Conclusions**

7.1 The user led review of mental health day services has enabled the Council to be confident that the proposed developments of the service reflect the views of service users as to the sort of service which they feel will best meet their needs. Service users are clear that a range of services that offer variety in both structure and intensity is important.

7.2 The clubhouse offers a model, which ensures empowerment of service users and breaks down the barriers between service users and staff/professionals. It will be essential that service users are involved in the detail of the reconfiguring of these resources. Care will need to be taken in the timing of implementing these changes.

Background Papers: Neighbourhood Services Committee Report 2 February 1999

Financial appraisal

Steering Group Summary for Specifications:

- Service Provider
- Property