

LEARNING DISABILITY HEALTH CHECKS IN MILTON KEYNES 2020/21**Author:** Amanda Griffiths (Group Head - Adult Services) - (01908) 253042**Purpose of Briefing**

To provide an updated position for the year 20/21 on annual health checks for people with a learning disability registered with a Milton Keynes GP, in addition to the action plan to ensure that work to increase the take up of annual health checks delivers an improvement in performance.

Annual health checks (AHC) are for adults and young people aged 14 or over with a learning disability, the aim is to help people stay well by talking about their health and finding any problems early, so that people can access the right care. There is a vast amount of work happening locally to improve the recording and cleansing of data and uptake of annual health checks.

The importance of annual health checks for people with a learning disability has been recognised both nationally and locally as follows:

The NHS Long Term Plan (2019) - *Tackle preventable deaths: stopping overmedication and improving health checks* - Health checks in primary care will be improved in both uptake and nature, with the aim of reaching 75% of people aged 14+ with a learning disability annually.

The Local Government Association (LGA) Supporting adults with learning disabilities to have better lives - Improvement Framework (2019) aims to help Directors of Adult Social Services work with partners to identify how they can improve and support adults with learning disabilities and be assured that the care and support in their area is of a high quality. The framework's vision is to *'Support and value adults with a learning disability and / or autism, and their families/carers, to live safe, well and fulfilled lives in communities'*

BLMK ICS Priorities - Priorities 1, 2, 3 and 5

- Every child has a strong healthy start in life.
- People are supported to engage and manage their health and wellbeing.
- People age well with proactive interventions to stay healthy independent and active.
- Everything we do promote equalities.

During 2020/21 GP practices were encouraged to deliver 'One Stop Clinics' that aimed to dedicate appropriate time for people with a learning disability. The Milton Keynes Community Team for Adults with a Learning Disability (MK CTALD) has a lead community nurse that works with practice managers to support practices to improve uptake by providing support with any reasonable adjustments that may be necessary to support people to access the practice; this service covers people who are 18+. Young people 14-17 years are invited to an appointment for their annual health check by their GP practice in the same way as adults with a learning disability. MK CTALD also offer training to primary care nurses designed to improve data accuracy and consistency across GP practices so that people can be offered an annual health check. It has been recognised across Bedford, Bedfordshire, Luton and Milton Keynes (BLMK) that there is a disparity across data systems, time has been invested to cleanse the data to ensure there is no duplication and the data is reflected accurately. The data is also being cross referenced with local data sources across health and social care to ensure accuracy, as well as with the Calculating Quality Reporting System (CQRS) data provided by NHS Digital.

Raising awareness is a local priority that aims to improve the uptake of annual health checks. The MK CTALD team is engaging with practices that report low numbers so that any issues or barriers can be understood, and support can be put in place to improve communication with GP's, care homes and other care settings to raise awareness of the importance of annual health checks. The team are also working with people with learning disabilities, families, and carers to understand the reasons why people do not attend their appointments. The MK CTALD want to support with building confidence and understanding of the importance of annual health checks and to highlight reasonable adjustments that can be made so that people are encouraged to attend appointments.

The table below shows the data of the total number of annual health checks carried out in 2020/21 across Milton Keynes, data across Bedfordshire (Central Bedfordshire and Bedford Borough), Luton and Milton Keynes (BLMK) has been included for comparison. The total % of people (patients) known to be on the register who had received an annual health check within the reporting period is included. Data is taken from System One at the end of March 2021, this data was moderated with CQRS data in June 2021.

CCG	Quarter 4 20/21 LDAHC register aged 14+				Total LDAHCs delivered to patients aged 14+ on LD register				% of patents on LDAHC register who have received an AHC in 20/21			
	Aged 14-24	Aged 24-49	Aged 50+	Total patients	Aged 14-24	Aged 24-49	Aged 50+	Total patients	Aged 14-24	Aged 24-49	Aged 50+	Total patients
Milton Keynes	327	586	309	1222	172	370	213	755	52.60%	63.14%	68.93%	61.78%
BLMK combined	1197	2031	1203	4431	666	1284	853	2803	55.64%	63.22%	70.91%	63.26%

The NHS national target for completing annual health checks is set at 75% for each CCG. However, in 2020/21 this target was lowered from 75% to 67% with due consideration to the impact of the pandemic. The 2021/22 target has been re-set at 70%. Whilst Milton Keynes has seen a marked improvement in performance from 2019/20 (36.22%) to 2021/22 there is still more work needed with the meet the NHS target.

The Milton Keynes action plan for 21/22 includes:

- CTALD Annual Health Check (AHC) lead nurse to continue to engage with practice nurses.
- Monitor city wide uptake through BLMK CCG data analyst.
- Monitor individual PCN/Practice performance through BLMK CCG data analyst.
- Identify practices or providers that are struggling and offer additional support/training.
- MK CTALD social care staff are identifying and capturing the requirement for AHC at reviews and including this in a person's individual support plan.
- Referrals for support from CTALD to access AHC's can be made by all/any stakeholder at any time (this has been communicated to the PCN's and to Supported Living Providers).
- Continue to support individuals, providers and PCN's where required.

Background Papers:

Local Government Association (LGA) Supporting adults with learning disabilities to have better lives - Improvement Framework

<https://www.local.gov.uk/our-support/sector-support-offer/care-and-health-improvement/autistic-and-learning-disabilities/learning-disabilites/better-lives>

NHS Long Term Plan

<https://www.england.nhs.uk/long-term-plan/>

The link below refers to the learning disability and autism NHS LTP.

<https://www.longtermplan.nhs.uk/areas-of-work/learning-disability-autism/>