

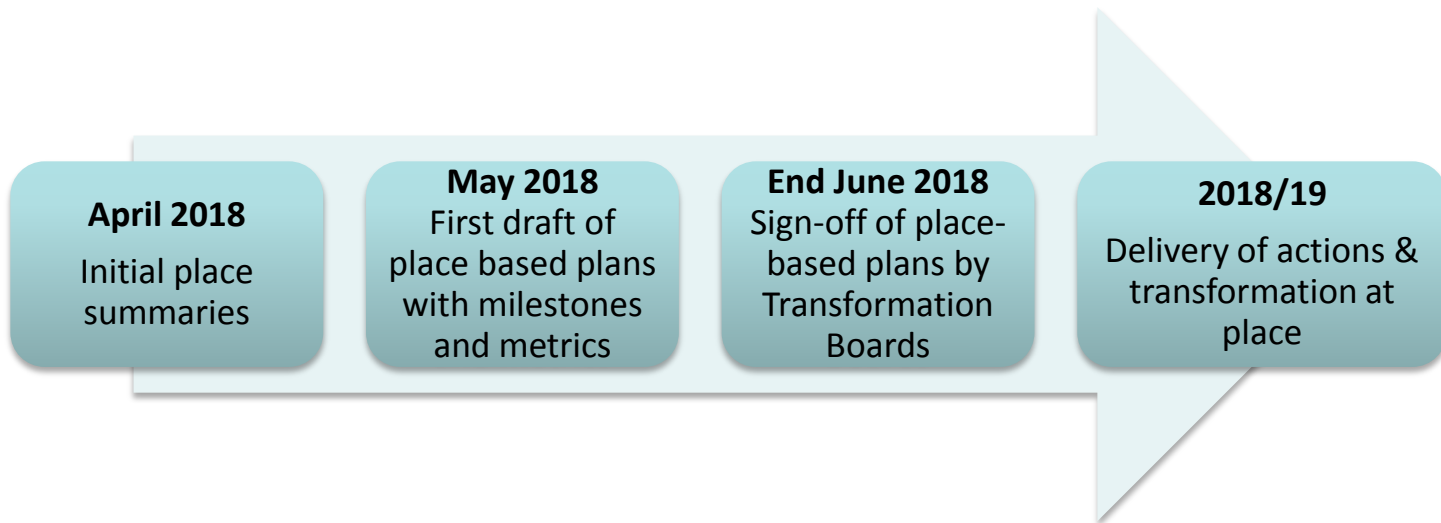
# Milton Keynes

## Health & Wellbeing System Delivery Plan

2018/19

# Place Based Delivery

- The 'places' in BLMK: Bedford Borough, Central Bedfordshire, Luton and Milton Keynes are all developing detailed '**place based**' delivery plans.
- These will support delivery of the BLMK Single System Operational Plan for 18/19 (SSOP) and **local system wide priorities** in the context of the needs of local populations & **Health & Wellbeing Strategies**;
- Timescales for completion of place based plans are outlined in the diagram below.
- It is expected that these will be co-produced and signed-off by the appropriate Transformation Boards and will be **monitored and delivered** at place.
- Development & delivery of the Milton Keynes plan is being overseen by partners through the **Integration Board**.
- **Health & Wellbeing Board** priorities and action upon these will be linked across to and embedded in the plan.



# Purpose

- Welcome to our first Milton Keynes System Delivery Plan.
- Our plan aims to bring together our shared local priorities to support our work as one system.
- We have grown and developed as a system in the last year, building on our track record of delivery and collaborative working.
- The plan describes the ambitions of the transformation programmes we are undertaking across Milton Keynes.
- It sets out the high level actions & delivery for how we will work together to:
  - Realise the vision in our Health & Wellbeing Strategy to make MK a place where everyone can enjoy Lifelong Wellbeing;
  - Improve health and wellbeing;
  - Improve quality of care;
  - Deliver national priorities;
  - Improve efficiency and productivity.
- It is underpinned by our system charter for working together effectively.

## Milton Keynes System Charter

### WORKING TOGETHER

All the organisations represented on the Health and Wellbeing Board understand that working in partnership is essential to the effective delivery of this strategy.

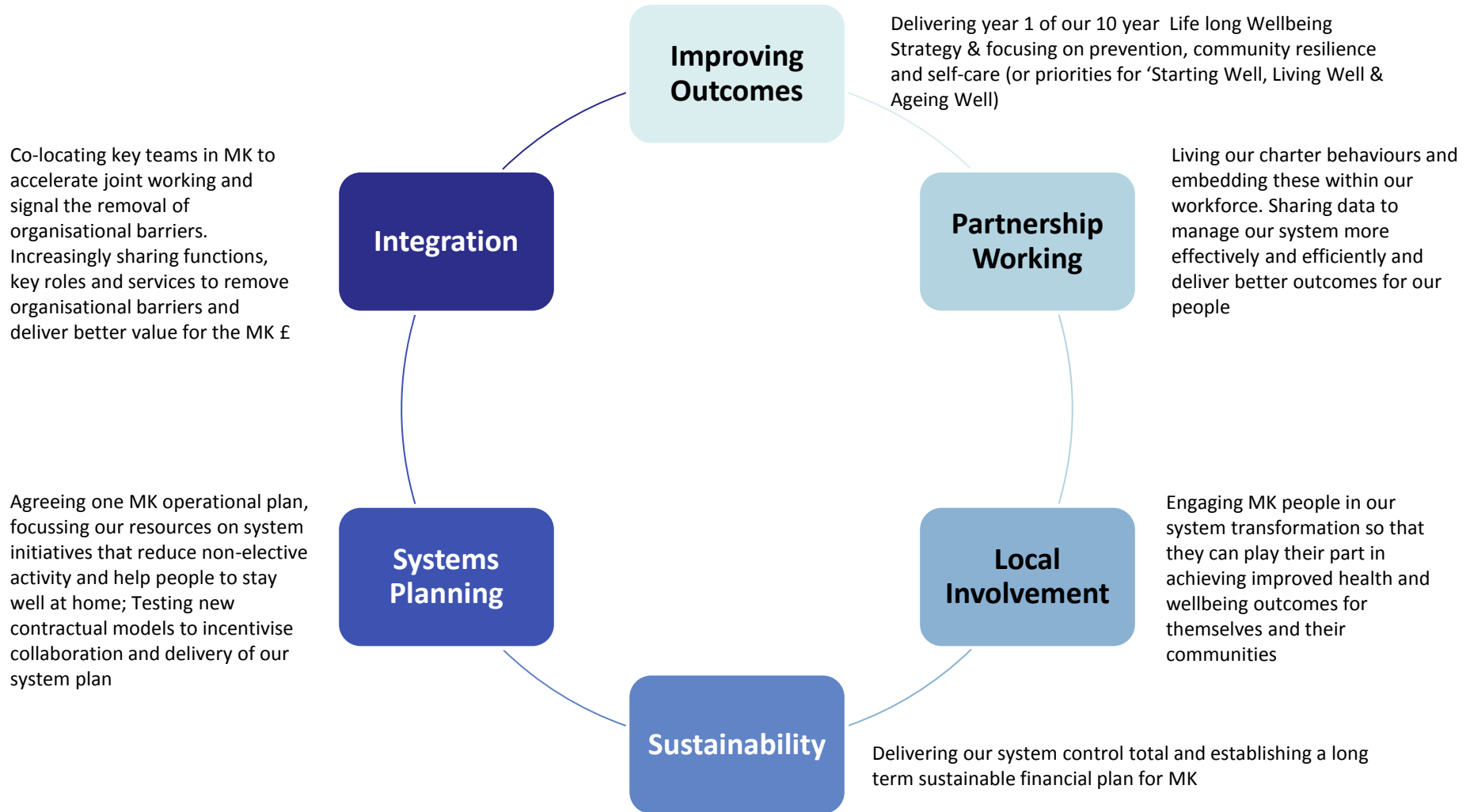
#### Day to day this means:

- Focus on our agreed priorities for MK people
- Being empowered to break through organisational boundaries to do the best for MK
- Focus on prevention and early intervention to keep people healthy
- Openly sharing our knowledge, information and resources to drive major change
- Understanding each other's organisations, services and perspectives; supporting and speaking well of each other
- Recognising people as experts in their own health and wellbeing, and involving local communities, vulnerable people and service users to harness their expertise and experience
- Making decisions collectively
- Acknowledging that we're equal partners
- Acting with integrity, sticking to our decisions and keeping our promises

The Health and Wellbeing Board will monitor the progress being made.

To find out more go to [www.milton-keynes.gov.uk/social-care-and-health/health-and-wellbeing-board](http://www.milton-keynes.gov.uk/social-care-and-health/health-and-wellbeing-board)

# Agreed focus for our work together



# What do we need to address?

## Health Profile – Adults

- **Indicators that are improving**
  - Smoking prevalence
  - Incidence of TB
  - Suicide rate
- **Indicators that are significantly worse than similar local authorities**
  - Excess weight in adults and the proportion of adults who are physically active
  - Hospital stays for alcohol-related harm (improving in under 18s)
  - Hip fractures in over 65s
  - Excess winter deaths

## Health Profile – Children & Maternity

- **Indicators that are improving**
  - Infant mortality and stillbirths
  - Low birthweight babies
  - Under 18 conceptions
- **Indicators that are deteriorating**
  - Population coverage of MMR (2 doses at 5 years old)
  - Immunisations for children in care
  - Smoking status at time of delivery
- **Indicators that are significantly worse than similar local authorities**
  - Proportion of children aged 2.5 years who are offered an ASQ-3
  - Emergency admissions in children aged 0-19 years (A&E attendances low)
  - Hospital admissions for gastroenteritis in infants under 1 year
  - Hospital admissions for respiratory tract infections in children aged 1 year
  - Hospital admissions for epilepsy and asthma in under 19s



### Respiratory disease

- Non-elective spend £2.8m higher than 'Best 5' and 11,600 more bed days
- Largely driven by influenza and pneumonia, acute and chronic lower respiratory infections and COPD
- Opportunities to improve annual reviews for asthma and COPD and flu immunisation in COPD

### Cardiovascular disease and diabetes

- CVD non-elective spend is £2.2m higher than 'Best 5' and 5,700 more bed days
- Lower than expected levels of recorded diagnoses across all cardiovascular conditions
- Opportunities to improve detection and management of hypertension, AF and diabetes in primary care

### Maternity and early years

- Low flu vaccine uptake for pregnant women
- 2,533 more non-elective admissions for under 5s than 'Best 5', including gastroenteritis, lower respiratory tract infections and injuries (lower A&E attendances)

### Mental health and dementia

- Fewer adults with depression receiving assessments and having a review recorded
- A lower proportion of adults enter IAPT, more wait >6 weeks, fewer complete and outcomes are worse

# Delivery – Emerging Actions for 2018/19

## Prevention and Health Promotion (P1)

*Preventing ill health and promoting good health by giving people the knowledge and ability, individually and through local communities, to manage their own health effectively*

### Local Action

- Focusing on stretch targets to increase **Flu Vaccinations** to the national quartile
- Increase detection and treatment of undiagnosed **hypertension** and **atrial fibrillation** in primary care and through community pharmacies
- Wider implementation on **Tier 1 & 2 Weight Management** programmes for all age groups including in schools and local business organisations

### H&WB Strategy Priorities

Starting Well – SW3 & SW7  
 Living Well – LW5  
 Ageing Well – AW3

Living Well – LW5 & LW6

Starting Well – SW4  
 Living Well – LW3  
 Ageing Well – AW1

## Primary, Community and Social Care (P2)

*Delivering high quality and resilient primary, community and social care services across Milton Keynes*

### Local Action

#### Enhanced Primary Care

- Developing '**primary care home**' models for population of 30,000- 70,000 to deliver greater community focussed support and interventions
- Implementation of primary care cluster wide **online consultations** providing patients with quicker access to information on symptoms and treatment

### H&WB Strategy Priorities

Starting Well – SW3  
 Living Well – LW5  
 Ageing Well – AW1

# Delivery – Emerging Actions for 2018/19

## Primary, Community and Social Care (P2)

*Delivering high quality and resilient primary, community and social care services across Milton Keynes*

### Local Action

### H&WB Strategy Priorities

#### Proactive Management

- Development of Milton Keynes local system approach for **care navigation, case management and health coaching** to support service users with health and social care needs
- Utilising **social prescribing** models to continue to provide cross organisational multi disciplinary case management

Living Well – LW5  
Ageing Well – AW1

#### Children and Young People: Improving service provision and management of pathways

- Focusing on same day appointments in urgent care settings to streamline patient transfer and discharge flows
- Localisation of condition specific pathways (e.g., bronchiolitis/Asthma)
- Phasing of Milton Keynes mental health and well being transformational plan

Starting Well – SW2 /SW3

#### Transitions of Care

- System wide approach focusing on integrating urgent services (includes clinical assessment and triage)
- On line booking enhancements to NHS 111 Service
- Embedding pathways to reduce delayed transfers of care out of hospital

Ageing Well – AW3

# Delivery – Emerging Actions for 2018/19

## Sustainable Secondary Care (P3)

*Delivering high quality and sustainable secondary care services in Milton Keynes*

### Local Action

### H&WB Strategy Priorities

#### Resilience and Sustainability

- Focusing on service provision at scale to ensure consistency with national standards
- Simplification of non-bed based care support to facilitate admission avoidance and discharge

Ageing Well – AW3 & AW7

#### Cancer: Delivery of FYFV ambition targets

- Localised pathways and roll out for FIT testing in GP clusters to improve rapid access for colorectal cancer
- Implement pathways (lung & prostate) following evaluation framework from BLMK adopter sites
- Maintain all 8 national standards for cancer waiting times

Living Well – LW3 & LW5

#### Stroke

- An evaluation of the MKUHFT part-time HASU will be undertaken to inform future commissioning arrangements for the stroke pathway across MK & BLMK.

Living Well – LW5  
Ageing Well – AW1

#### Maternity

- Continue to improve maternity services in line with Local Maternity Service Plan aligned with 'Better Births' and BLMK system-wide transformation plans

Starting Well – SW7



# Delivery – Emerging Actions for 2018/19

## Sustainable Secondary Care (P3)

*Delivering high quality and sustainable secondary care services in Milton Keynes*

### Local Action

### H&WB Strategy Priorities

#### End Of Life

- Roll out of universal End of Life training for health and social care professional and, standardisation of documentation and training for new advance care planning to appropriate individual teams
- Implementation of improvements to discharge plans to support patients into palliative care from community and acute settings
- Enhancements to advice and support helpline for service users and healthcare professionals
- Increase utilisation of personal health budgets

Ageing Well – AW4

## Mental Health

*Delivering FYFV Ambitions and Parity of Esteem Agenda*

### Local Action

### H&WB Strategy Priorities

- Continue delivery of out of area placement efficiencies to support provision of aftercare assessments and rehabilitation (Section 117)
- Improving and dovetailing IAPT processes into pathways, focusing on Diabetes and Respiratory
- Development of 'healthy aging pathway to improve the mental being of older people

Starting Well – SW2  
Living Well – LW2  
Ageing Well – AW5&6

# Delivery – Emerging Actions for 2018/19

## Respiratory Care (RightCare)

*Reducing unwarranted variation and keeping people safely at home*

### Local Action

- Development of 'one stop' community cardio respiratory services focusing on early diagnosis and management of complex comorbidities
- Embedding early supported discharge pathways for frequent emergency attenders
- Piloting British Lung Foundation behavioural change programme methodology to increase patient's mobility and reduce social isolation

### H&WB Strategy Priorities

Starting Well – SW3  
Living Well – LW5  
Aging Well – AW3

## Diabetes (National Improvement Programme)

*Continued progress delivery*

### Local Action

- NHS Diabetes Prevention Programme to support patients at risk of diabetes
- Increased patient facing education programmes for Type 1 and Type 2 with particular focus on 'hard to reach' community support to promote self care
- Upskilling and embedding of bespoke training to front line emergency care staff in the management of high risk/active foot disease

### H&WB Strategy Priorities

Starting Well SW3  
Living Well – LW5  
Aging Well – AW3