

Wards Affected:

All Wards

CABINET
13 JULY 2015

LEARNING DISABILITY SERVICES – PLANNING AHEAD

Responsible Cabinet Member: Nigel Long (Cabinet member for Health and Wellbeing)

Report Sponsor: Suzanne Joyner (Strategic Director Adult Social Care and Health Partnerships)

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Executive Summary:

A strategic review of learning disability services occurred in 2012, at which time the recommendations were not taken forward. However, the review provided evidence of a traditional service delivery model, which potentially minimises the capacity for service users to exercise their right to choice, and to be in control of how their care needs are met.

As such, further up to date and in-depth analysis has been undertaken in 2015, to determine the appropriateness not only of the provision but of the spend too. This report seeks to secure approval to consult with current and potential service users and carers, on a range of options for the redesign of existing services and to create opportunities for the development of modernised services that will ensure improved choice and control for individuals.

1. Recommendation(s)

- 1.1 That a series of consultation processes with individuals currently and potentially using Learning Disability services, their carers and families be commenced, via the Joint Commissioning Team.
- 1.2 That, due to the level of modernisation required, the consultation and any subsequent redesign programme takes place over a period of 12-18 months and within this programme, work commences with the following:
 - (a) Day Services,(internal and commissioned);
 - (b) Supported Living, including the Community Support Team and the Community Support Intensive Team (internal); and
 - (c) Short Breaks Service (internal)
- 1.3 That consultation and redesign of services include wider stakeholders, to help shape modern, high quality services, which are personalised, deliver true choice and control and are future-proof.

- 1.4 That the Scrutiny Management Committee be requested to consider asking the Health and Adult Social Care Committee to scrutinise the consultation.

2. Issues

- 2.1 A strategic review of learning disability services occurred in 2012, at which time the recommendations were not taken forward. However, the review provided evidence of a traditional service delivery model, which potentially minimises the capacity for service users to exercise their right to choice, and to be in control of how their care needs are met.

As such, further up to date and in-depth analysis has been undertaken in 2015, to determine the appropriateness not only of the provision but of the spend too.

- 2.2 The aim of the refreshed work programme is to deliver modern learning disabilities services to ensure the following outcomes:

- People with learning disabilities will have true choice and control over their lives including: how they spend their time during the day, evening and weekends; where and with whom they want to live; and to be supported to work.
- People with learning disabilities will have improved health and wellbeing outcomes
- Individuals with complex needs will access high quality, safe and specialist health and social care services when required
- The transition from child to adult services will be smooth, planned and effective for all people with a learning disability
- Carers will be recognised and valued as fundamental to strong families and stable communities
- Safeguarding will continue to be of paramount importance and Milton Keynes Council will prevent abuse whenever possible and respond appropriately and quickly to any abuse of people with learning disabilities to minimise its impact
- Associated Equality Impact Assessments will be completed for each aspect of service consultation

- 2.3 This document recommends the following areas for consultation and further review (see also **Annex** attached):

Day Services

- Internal provision is greater than that provided in similar authorities. The local external market has expanded in recent years and there is now potential to offer greater choice and alternative models of care. Additional work is required to understand future demand and potential for market development, based on the views of those using services.

- A significant percentage of those attending day services additionally receive a transport service. There is an opportunity to review the effectiveness and requirement for this service, given the availability of mobility allowances.

Supported Living

- The Community Support Intensive Team (CSIT) provides urgent and intensive support to people at risk of hospital admission or in need of intensive support following discharge. It is recommended that the utilisation of this service is explored further.
- The local market for supported living has grown in recent years and there is further opportunity to offer greater choice. This will include the levels of support offered.
- The council provides a Community Support Team and there is opportunity to consider the cost benefits and efficiency of this service. Initial data suggests the service is used to varying degrees, and so the quality and cost benefits need to be assessed in detail.

Short Breaks Service

- Further exploration of the use of this service, including a cost benefit analysis, is proposed. This could also include: exploring the option of a *Shared Lives* service; the use of premises; and the workforce arrangements.

Residential Care

- The number of residential admissions has remained static in recent years. Through considering alternative opportunities, such as enhanced supported living, admission to residential care may be avoided.
- A number of residential and nursing care placements are outside of Milton Keynes. There is opportunity to develop a 'care closer to home' programme that aligns with the programme of work currently developed through the Transforming Care (formerly the Winterbourne View programme), which seeks to provide community based care locally and out of a hospital setting.

Equality works

- This service provides opportunities for learning disabled people to access work. It has had a significant role in empowering and delivering the aspirations for those it supports.
- Considering future models for delivery would provide a detailed cost benefit analysis of the service and explore opportunities to expand this type of service.

2.4 This paper is seeking permission to enter into a phased period of consultation to inform future recommendations. Phase 1 will consult on Day Services, Supported Living and Short Breaks Services, between July 2015 and October 2015.

3. Options

- 3.1 Endorse a consultation process on all areas identified – this is recommended as it will provide opportunities to fully review current services and develop options for modernisation.
- 3.2 Do nothing – this is not recommended as it will prevent the current services from being modernised to achieve the best outcomes for people.
- 3.3 Not to consult on all the areas identified – this is not recommended as it will limit the capacity to fully modernise services and test peoples' views

4. Implications

4.1 Policy

The Joint Health and Wellbeing Strategy 2015-18 provides a strategic context for the review of learning disability services, including the notions of living well and ageing well.

In respect of the Council's priorities the proposed consultation and review is aligned to the following themes from the Corporate Plan 2012-16:

- Living in MK:

Ensuring people are satisfied with Milton Keynes as a place to live, and to support them effectively through the provision of high quality and efficient public services.

- Working in MK:

To improve the skills and opportunities of everyone in Milton Keynes and help jobseekers into work, while attracting and retaining businesses to provide new opportunities and to bring people, jobs and industries to MK to improve the strength and resilience of the local economy.

- Cleaner, greener, safer, healthier MK:

Improve health and well-being, reduce health inequalities and work with partners to reduce crime and disorder to improve quality of life in MK.

4.2 Resources and Risk

At this stage there are no current proposals related to the level of investment. The current resource levels are distributed as follows:

2015-16

Profit Centre	Expenditure £000	Non-pooled Income £000	Central Recharges £000	Net £000
Management, staffing and contribution from MK CCG	1,571	-1,434	759	896
External Residential Care	6,576	-477	17	6,116
Short Breaks	1,262	-73	87	1,276
Internal Day Care	2,213	-201	359	2,371
External Day Care	1,058	-6	2	1,054
External Home Care	343	-54	1	290
Direct Payments	512	-40	1	473
External Supported Living	5,652	-274	13	5,391
Internal Supported Living	1,428	-72	110	1,466
Medical Services	224	0	0	224
Psychology Services	289	0	1	290
Supported Employment	222	-8	29	243
Commissioned Services	1,593	0	3	1,596
Out to Munch	34	-44	0	-10
Total Learning Disability Services	22,977	-2,683	1,382	21,676

Most of the above services are part of a pooled budget. Changes to Pooled contributions will need to be agreed with our partner organisation, MK Clinical Commissioning Group which currently contributes £1.4m of the total budget.

4.3 Carbon and Energy Management

N/A

4.4 Legal

There is no statutory requirement to review the learning disability service. There are no direct legal implications arising from this report although of course there may be legal implications arising following the results of the consultation.

4.5 Other Implications

Y	Equalities/Diversity	Y	Sustainability	N	Human Rights
N	E-Government	Y	Stakeholders	N	Crime and Disorder

Background Papers: Please find attached Annex which provides background detail about the current services.