

Minutes of the meeting of the HEALTH AND WELLBEING BOARD held on WEDNESDAY, 9 MARCH 2016 at 6.30 pm

Present: Councillor Marland (Chair)
Councillors Bald, Bramall, Crooks and O'Neill, M Bracey (Corporate Director People), M Clifton (Interim Strategic Director [Adult Social Care and Health Partnerships]), H Kirkwood (Chair, Healthwatch), L Knight (Director of Patient Care/Chief Nurse [Milton Keynes University Hospital NHS Foundation Trust]), M Scott (Director Public Health), Dr N Smith (Chair, MK Clinical Commissioning Board), M Webb (Acting Chief Officer, MK Clinical Commissioning Group) and L Payne [Divisional Director MK Community Health Services/Central North West London NHS Foundation Trust].

Officers: D Sharkey (Corporate Director – Place), G Addison (Head of Public Health Delivery), C Broadhead (Head of Joint Commissioning), V Collins (Assistant Director Adult Social Care), A Green (Project Support) and T Milner (Committee Manager).

Apologies: Councillors Bradburn, Long and O'Neill, J Palmer (Voluntary Community and Social Enterprise representative).

Also Present: Councillors I McCall (Substitute for Councillor Bradburn) and Miles, D Gordon (Healthwatch MK), S Bedser (Local Government Association Advisor), H Jones (MK Clinical Commissioning Group), S Lloyd (National Management Trainee), D Pennington (Adult Safeguarding [Mental Health & Learning Disability Lead]), M Ramsden (Quality Standards Manager [MK Clinical Commissioning Group]) and J Wilkinson (MK Clinical Commissioning Group).

HWB24 MINUTES AND ACTIONS ARISING

RESOLVED –

1. That the Minutes of the meeting of the Health and Wellbeing Board held on 10 December 2015 be approved and signed by the Chair as a correct record, subject to L Knight (Director of Patient Care/Chief Nurse [Milton Keynes University Hospital NHS Foundation Trust]) being recorded as present.
2. That the updates on the actions arising from the previous meeting held on 10 December 2015 be noted, including the oral updates from the Chair in respect of Item 7 – Smart Cities & Communities and the Director of Public Health in respect of Item 9 – Healthwatch Update.

HWB25 DISCLOSURES OF INTEREST

The Divisional Director (MK Community Health Services/Central North West London NHS Foundation Trust) declared an interest in Item 9(a) due to the organisation she worked for having linkages with the Better Care Fund Plan.

HWB26 HEALTH AND WELLBEING BOARD MEMBERS' ITEMS

No items had been submitted for consideration at this meeting.

HWB27 HEALTH & WELLBEING BOARD PEER CHALLENGE – NEXT STEPS

The Board received an oral update from the Chair, who indicated that as part of the Peer Challenge one of the next steps for the Board in setting up a Working Group was to look at how best to support the infrastructure below Board level and to review the Terms of Reference.

The Chair, on behalf of the Board, thanked the Local Government Association Advisor for his valuable input and continued support in helping to progress the Peer Challenge recommendations to the Board.

RESOLVED

1. That the oral update be noted.
2. That nominated members of the Health and Wellbeing Board's 'Working and Development Group' – the Chair of the Health and Wellbeing Board, the Director of Public Health, Councillor Bald, the Corporate Director – People and the Acting Chief Officer (MK Clinical Commissioning Group) meet with S Bedser, the LGA Advisor, in relation to the key recommendations from the Peer Challenge, and a review of the Board's Terms of Reference.
3. That feedback from the Working and Development Group's next meeting be provided to the Board's next meeting in June 2016.

HWB28 JOINT HEALTH & WELLBEING STRATEGY 2015/18 & IMPLEMENTATION PLAN 2015/16 – QUARTER 3 DATA & KEY HIGHLIGHTS & CHALLENGES

The Board considered a report and oral update in respect of the Joint Health and Wellbeing Strategy 2015/18 and Implementation Plan 2015/16 - 3rd Quarter data, key highlights and challenges.

- (a) Implementation Plan 2015/16

The Board heard from the Director of Public Health, who indicated that the key performance indicators would be looked

at in further detail in conjunction with updating the Implementation Plan.

The Board also heard that a national campaign 'One You' organised by Public Health England, had been launched to provide adults in the age range of 40-60 years with better information about how to avoid future diseases caused by modern day life.

The Board heard from the Corporate Director – People, who indicated that investigating the Domestic Abuse data and feedback was proving to be extremely useful. Further work would be conducted collaboratively with other partners to ensure children's issues were handled both effectively and professionally.

The Corporate Director – People reported that progress had been made in respect of Child Adolescent Mental Health Services and a more detailed update would be provided in the Implementation Plan.

The Chair expressed concern about the recent high paediatric admissions to Milton Keynes University Hospital NHS Foundation Trust suffering from asthma, and requested that joint investigations on this issue be undertaken.

The Board heard from the Interim Strategic Director (Adult Social Care and Health Partnerships) that more could be done to look at obesity and asthma and to investigate if there were common threads. The focus on data for adults and children would be looked at collaboratively with the Corporate Director – People.

The Board also heard that the shared vision of the day should be about supporting people to attain to live healthier and longer lives, focusing on weight management and the disciplines of self-management.

It was reported that meetings had been held with the Voluntary Community and Social Enterprise representative to look at some of the issues that carers and young carers experience, particularly in the area of how best to deal with isolation.

The Chair, MK Clinical Commissioning Board indicated that the NHS and Clinical Commissioning Group were embarking on a new and challenging work programme, with the aim of becoming a leader in seeing Milton Keynes citizens live longer and healthier lives. The programme would incorporate many of the healthcare challenges, whilst paying particular attention to help stop the rise of diabetes and to help people manage obesity better through the life courses.

RESOLVED –

1. That the following 3rd Quarter key challenges and highlights arising from the Implementation Plan be noted.

Starting Well Priority: Giving every child the best start in life:

- (i) progress made in the receipt of data on 'Priority Focus 1 – Reduce Domestic Abuse'; and
 - (ii) progress made on 'Priority Focus 2 – Child Adolescent Mental Health Services.
- (a) Starting Well Priority: Giving every child the best start in life;

That the Director of Patient Care/Chief Nurse (Milton Keynes University Hospital NHS Foundation Trust) and the Director of Public Health be requested to conduct an audit that includes paediatric asthma admissions to identify reasons for high admission rates, and overall prevalence rates, and the audit outcomes to be provided to a future Board meeting.

(b) Living Well Priority: Working with communities to live longer and healthier lives:

- (i) the commitment from partners to support development of 'Priority Focus 1 – Reduce Obesity,' in order to deliver the Healthy Weight Strategy; and
- (ii) the action being taken in respect of 'Reduced glycaemic variation in people with diabetes (better control of blood sugar).

(c) Ageing Well Priority: Improving outcomes for older people:

the approach, progress and next steps made on 'Priority Focus 2 – The % of people whose transfer of care from acute and non-acute beds were delayed, per 100,000 population 18+'.

2. That the following actions arising from the Implementation Plan be agreed:

- (a) That the Corporate Director – People be requested to provide a progress update within the Implementation Plan, following a review of 'Priority Focus 3 – Number of households in temporary accommodation in bed and breakfast only'.

- (b) That, as part of 'Priority Focus 2 – HIV', Board member organisations be requested to commit to the 'Halve it' campaign and to ensure the reduction of late diagnosis of HIV continued as a priority.
 - (c) That 'Priority Focus 3 – Stroke' Action Plan be shared with the living Well Working Group and identified issues be brought to a future Board meeting.
 - (d) That the Board's Vice-Chair challenged Board members to have an ambition to *halt the rise in diabetes* through reducing obesity and to provide an awareness of and the importance of self-management of diabetes.
 - (e) That the 'Priority Focus 1 – Reduce social isolation' be updated within the Implementation Plan prior to the next Board meeting on 1 June 2016.
 - (f) That 'Priority Focus 3 – Premature mortality from lung disease', be updated within the Implementation Plan prior to the next Board meeting on 1 June 2016.
 - (g) That the initiative covering the 'Overall number of adult carers supported by the commissioned Carer Support Service, that are new to that service within the period' be updated within the Implementation Plan prior to the next Board meeting on 1 June 2016.
 - (h) That the Interim Strategic Director (Adult Social Care & Health Partnerships) and the Director of Public Health review the Strategy and make recommendations to the Working and Development Group of any changes for 2016/17.
3. That the Board look at commissioning specific 'deep dives' in relation to areas of concern and/or if additional information is required.
 4. That the leads for the 3 Priorities be requested to provide an update to the next meeting of the Board.

HWB29

CROSS CUTTING THEMES: PLACE

The Board received a presentation and an oral update from the Corporate Director – Place in respect of how Place cut across the Joint Health and Wellbeing Strategy.

The Board heard that Place cut across all areas in Milton Keynes that included housing, planning, transport and the environment. It was envisaged that Milton Keynes could become an age friendly city, particularly with the estimated number of 65-79 year olds projected to double between 2011 and 2031. It was reported that there was much to gain from the Campaign to End Loneliness and Age UK, who developed a framework to tackle loneliness, where Place featured highly as part of the Campaign.

RESOLVED –

1. That the presentation and oral update be noted.
2. That the Corporate Director – Place, in consultation with the Director of Public Health, review how best to integrate Place within the Joint Health and Wellbeing Strategy.

HWB30 STRATEGIC PRIORITY – STARTING WELL (GIVING EVERY CHILD THE BEST START IN LIFE)

The Board received an update from the Corporate Director – People in respect of the Priority Starting Well.

RESOLVED –

That the oral update on Starting Well Priority be noted.

HWB31 STRATEGIC PRIORITY – LIVING WELL (WORKING WITH COMMUNITIES TO LIVE LONGER & HEALTHIER LIVES)

The Board received an update from the Chief Officer (Acting) Clinical Commissioning Group in respect of the Priority Living Well.

RESOLVED –

That the oral update be noted.

HWB32 AGEING WELL PRIORITY – IMPROVING OUTCOMES FOR OLDER PEOPLE

The Board received an oral update from the Interim Strategic Director (Adult Social Care & Health Partnerships).

RESOLVED -

That the oral update be noted.

HWB33 BETTER CARE FUND – 3RD QUARTER PERFORMANCE REPORT

The Board considered the Better Care Fund 3rd Quarter Performance report.

The Head of Joint Commissioning reported that although the early figures indicated some improvements in certain areas of care, there were a number of other areas of care that were proving to be more challenging, particularly in Non-Elective Admissions and Delayed Transfers of Care that would require further work and investigations.

Councillor Bald suggested that future reports should have more depth and that the data be expanded to better inform the Board, to aid decision making on the key priorities and thereby help to make a difference.

RESOLVED –

1. That the report be noted.
2. That the Head of Joint Commissioning be requested to co-ordinate a 'deep dive' investigation into the background of data analysis, to provide the Board with a better understanding of what influences/informs the data.
3. That the Head of Joint Commissioning be requested to provide an updated Performance report to the next Board meeting on 1 June 2016.

HWB34

AGEING WELL PRIORITY: HIGH IMPACT CHANGE MODEL – DELAYED TRANSFERS OF CARE

The Board considered the High Impact Change Model – Delayed Transfers of Care report from the Assistant Director (Adult Social Care).

The Board heard that as a consequence of Milton Keynes being in the lowest quartile of performance for social care delays during August and September 2015, a Peer Review was undertaken in January 2016 by Leicester City Council and NHS England. The Review Team used the 8 areas of the High Impact Change Model to assess the current performance, and identify areas for improvement that would support the local healthcare systems and reduce delayed transfers of care in Milton Keynes.

It was reported that the Council had seen some initial improvements in the early part of 2016, and positive benefits gained by the joint workings with the Clinical Commissioning Group and numerous hospital partners. There was a real desire to look at the broader issues, whilst enhancing the workings with other local authorities, particularly with Milton Keynes University Hospital NHS Foundation Trust in order to achieve better outcomes for the citizens of Milton Keynes.

RESOLVED -

1. That the report be noted.
2. That the Assistant Director (Adult Social Care) be requested to provide Board members with data in respect of weighting on actions for Delayed Transfers of Care.
3. That the Assistant Director (Adult Social Care) be requested to provide an updated report in 6 months' time to the Board, in respect of the performance compared against the developed action plan.

MILTON KEYNES BETTER CARE FUND PROPOSED SCHEMES 2016/17

The Board considered a report and received an oral update from Head of Joint Commissioning in respect of the Milton Keynes Better Care Fund Proposed Schemes 2016/17.

The Board heard from the Head of Joint Commissioning, that a number of Schemes and service priorities had been identified for funding during 2016/17 that totalled £14,956m. Whilst the Better Care Fund (BCF) was seen as an ambitious programme for the NHS and Local Government, the BCF Plan for Milton Keynes only commenced on 1 April 2015 and had proved to be very challenging.

The Acting Chief Officer (MK Clinical Commissioning Group) commented that he shared the Board members concerns in respect of the funded projects, and that improvements could be made to the timescales of data analysis provided for 2016/17, whilst also looking to monitor emerging priorities for 2017/18.

The Board heard from the Interim Strategic Director (Adult Social Care and Health Partnerships), that it was important to have the right matrix and that consideration should be given as to how the data analysis could be aligned with the Joint Health and Wellbeing Strategy 2015/18. Additionally, Councillor Bald suggested that data outcome measures be looked at and monitored against the data provided for 2016/17, in order to view the benefits and deliverability of Schemes in place.

RESOLVED –

1. That the Service Priorities be noted.
2. That prior to circulating the Better Care Fund Plan for 2016/17, the Assistant Director (Joint Commissioning) be requested to provide the Board members with additional background information on the impact that the specific funded projects would have.
3. That, following circulation of the Better Care Fund Plan for 2016/17 to members of the Board, the Plan be signed off by the Chair of the Board, the Council's Corporate Director – People and the Chief Officer (Milton Keynes Clinical Commissioning Group).
4. That the Better Care Fund 2016/17 be updated accordingly with appropriate data that would aid preparations for 2017/18.

PERSONAL HEALTH BUDGETS – LOCAL OFFER

The Board considered a report on Personal Health Budgets – Local Offer from the Quality Standards Manager (MK Clinical Commissioning Group).

The Board heard that the Personal Health Budgets - Local Offer was a new and innovative approach of delivering a good and safe NHS

healthcare experience for children and adults, which would enable a more flexible and personalised service choice through 2016/17.

It was reported that although there was no formal national guidelines or criteria on the Local Offer, different areas/authorities were provided with local guidelines. The cost of the new service provision was expected to be cost neutral due to funds being drawn from either tariff or spot purchased activity.

RESOLVED -

1. That the Personal Health Budget local offer be supported.
2. That a report be provided to a future meeting of the Board that explains how the Local Personal Health Budget Offer is progressing and provides details of the Clinical Commissioning Group's expansion plans beyond 2016/17.

HWB37

JOINT TRANSFORMING CARE PLAN

The Board considered the Joint Transforming Care Plan from the Adult Safeguarding (Mental Health & Learning Disability Lead).

The Board heard that the Joint Transforming Care Plan supported the Joint Health and Wellbeing Strategy 2015/18, particularly in respect of the Starting Well and Living Well Priorities. In order to support an integrated service delivery for people with a learning disability and/or autism, it was important to ensure that the Care Plans were fully joined up along with all the relevant strategic links with boards, implementation groups and work streams. The final Plan was due to be signed off and submitted by 11 April 2016.

It was reported that although 14 people were currently placed in care outside of the Milton Keynes area, the aim was to further reduce the number of external placements. As part of delivering phase one for 2016/17, a consultation and engagement plan would be developed and implemented. Further updates on progress of the Plan would be provided to the Board.

RESOLVED –

1. That the re-submission of the final Joint Transforming Care Plan be supported.
2. That the proposal be signed off by the Chair of the Board, the Chief Officer (Milton Keynes Clinical Commissioning Group) and the Council's Corporate Director - People.
3. That the governance arrangements being put in place for the Joint Transforming Care Plan be supported.
4. That the Adult Safeguarding, Mental Health & Learning Disability Lead (Milton Keynes Clinical Commissioning Group) be requested to provide a six monthly progress report to the Board.

HWB38**PARTNER UPDATE - HEALTHWATCH**

The Board considered a report and received an oral update on Healthwatch Milton Keynes by the Chair, Healthwatch.

RESOLVED –

That the update from Milton Keynes Healthwatch was received.

HWB39**FORWARD PLAN 2016-17**

The Board considered the Forward Plan for the next Board meeting on 1 June 2016, which was to include outcomes from the Peer Challenge.

RESOLVED -

1. That the Forward Plan be noted, subject to the following items being included for 2016/17:
 - (a) Feedback from the Health and Wellbeing Board's Working and Development Group meeting;
 - (b) Starting Well Priority – Giving every child the best start in life: Findings from the audit of Paediatric Asthma high admission rates;
 - (c) Action Plan on 'Priority Focus 3 – Stroke', any issues identified;
 - (d) Ageing Well Priority: High Impact Change Model – Delayed Transfers of Care, an update to be presented at the September 2016 meeting;
 - (e) Following investigations into the Better Care Fund Plan background data, that outcomes be provided to a future Board meeting to provide a better understating of outcomes needed;
 - (f) A progress report on Personal Health Budgets and the Clinical Commissioning Group's plans beyond 216/17; and
 - (g) A six monthly progress update be provided on the Joint Transforming Care Plan at the September 2016 meeting.
2. That to enable better planning and decision making all Board members be requested to identify key priorities of future agenda items that need to be signed off by the Board, and provide appropriate supporting documentation.
3. That the actions arising be circulated to the members of the Board by email.

THE CHAIR CLOSED THE MEETING AT 8.44 PM