Strategic Priority 2: Living Well: Working with Communities to Live Longer and Healthier Lives

Officer Lead: Matthew Webb Board Sponsor: Dr Nicola Smith

Key highlights and challenges	Proposed Board Member Action
Priority Focus: Reduce Obesity • Multi stakeholder Obesity steering group formed to deliver the Healthy Weight Strategy – delivery plan in development • Obesity Sub-Group met 29th September • Core members of Living Well Working Group met on 16th October – other priorities identified were Stroke – pathways including 4 hour admission target and HIV – late diagnosis and treatment • Re-commissioned Tier 2 weight management services for Children and Young People will commence in January • Expression of Interest to be a lead local authority in a new national initiative led by Public Health (PHE)– A Whole Systems Obesity programme. •Working with Pharmacies to develop 'healthy living pharmacies' • Launched Eat Out, Eat Well Award targeting workplace restaurants • In collaboration with MK 50 programme (and bid to Big Lottery) developing a 'Reaching Communities' project focused on addressing obesity. • Developed training package to support workforce with maternal obesity and gestational diabetes **Next Steps** • Obesity sub-group meeting in December • Future Living Well working group planned (further scoping/planning) • Develop plan to deliver to deliver Healthy Weight Strategy • Clarity on action against other key priorities	A commitment from partners to support the plan currently being developed to deliver the Healthy Weight Strategy
Priority Focus 2: HIV The number of people diagnosed late in MK has dropped by over 10% from 76% to 65.9% (2012 -2014 data) and work is being undertaken to reduce this further as follows; • The number of GP's signed up for Point Of Contact Testing (POCT) has more than doubled in the last 6 months • HIV testing has been expanded in MK hospital • British Pregnancy Advisory Service (BPAS) have been commissioned to undertake POCT • A recent innovative pilot to undertake oral HIV testing in a dental practice has been supported by Kevin Fenton Director of Health and Wellbeing PHE. This will be the first of its kind in the UK • Looking at signing up pharmacies to allow outreach teams to undertake POCT • Collaborative working among providers is improving testing at local events • Engaging Faith Leaders via 'In Faith & Love project' targeting black African and other affected communities • Bid successful for M1 corridor project HIV testing and more in large distribution centres • Home sampling for HIV testing at home is about to commence • Council signed up to the 'halve it' campaig	Each HWB organisation to commit to the 'halve it' campaign Ensure reducing late diagnosis of HIV continues as a priority
Priority Focus 3: Stroke The 4 hour target for stroke - This is recognised by the CCG to be a high priority. An external review has been commissioned which reported in mid-November 2015. An action plan is being developed in response and will be availablaae in January 2016.	The action plan will be shared with the Living well Working group and any issues will be taken to the next HWB
Reduced glycaemic variation in people with diabetes (better control of blood sugar). The aim is to increase the proportion of people in each practice currently registered with diabetes who have good control of their blood sugar. The target is to double the number of practices meeting the national average (from 4 to 8 (of the total of 27)). To note that the CCG and its constituent practices recognise this issue. Specialist diabetes nurses, GPs with a special interest in diabetes and Public Health have raised this at each neighbourhood meeting of practices. The CCG has doubled the capacity for self management classes in diabetes, and is investigating the addition of access to online support for self management. Public Health has funded the Milton Keynes Equality Council to deliver diabetes awareness training tailored to communities of Black and Minority Ethnic groups. Practice-level targets are being developed.	To note the action being taken. To promote awareness of diabetes and the importance of self management of diabetes