

Briefing Note



Report considered by the Health and Adult Social Care Scrutiny Committee on 12 March 2020

Up-date on Council Plan Priorities

Purpose

This report provides the Health and Adult Social Care Committee with an update on the progress towards fulfilling the commitments in the Council Plan within the portfolio of the Lead Member for Health and Adult Social Care.

Background

The Council Plan contains four priorities related to health and adult social care under the key priority of **Prevention is better than cure**:

6.1 Continue work to integrate the adult health and social care system in Milton Keynes

6.4 Introduce a Community Shared Lives scheme to reduce social isolation and improve wellbeing

6.6 Review domestic abuse services to ensure vulnerable people are protected

6.9 Work with the NHS and MKCCG to improve access to mental health support and ensure it is given equal status to physical health

<https://www.milton-keynes.gov.uk/your-council-and-elections/council-information-and-accounts/strategies-plans-and-policies/council-plan-2016-2020>

6.1 Continue work to integrate the adult health and social care system in Milton Keynes

The NHS Long-Term Plan sets the ambition that every part of the country should be an Integrated Care System (ICS) by 2021. The BLMK ICS has been in existence since 2016 and was a “first wave” ICS in the national rollout programme. In 2019, taking the learning from early adopter sites, The NHS Long-Term Plan set out a consistent approach to how systems are designed, highlighting three important levels at which decisions are made:

Partners in the Milton Keynes health and care system have the ambition to deliver more integrated care for local people. Delivering joined up, holistic care, closer to people’s homes, has the potential to improve the health outcomes for local people whilst also supporting services to be more efficient and targeted in the services they offer. By working in this way, through partnerships with local people in an Integrated Care Partnership (ICP), partners should be better able to plan and deliver care that improves outcomes for our residents. In Milton Keynes plans for integration and how the Milton Keynes ICP will function are being developed.

There are examples of good practice in integrated working in Milton Keynes – such as the High Intensity Users Programme, the Home 1st service, and the joint commissioning of services focused on care in community settings such as the Integrated Community Equipment Service. The six Primary Care Networks (PCNs) are now up and running, enabling GP practices to work together with a range of services and social care to deliver more personalised, coordinated care to local people. In January 2020 the new Integrated Autism Service opened. Provided by MKC and commissioned by MKCCG.

Admission avoidance and hospital discharge services across health and social care are delivered through two integrated pathways Home First and the Integrated Discharge Team. The Integrated Discharge Team won Milton Keynes University Hospital Team of the Year in 2019. Delayed Transfer of Care (DTOC) due to social care remains very low in Milton Keynes, a continuation of the performance improvement we have seen in the last 2 years.

6.4 Introduce a Community Shared Lives scheme to reduce social isolation and improve wellbeing

Shared Lives MK service opened in 2017. The service has grown from 6 placements in April 2017 to 33 placements now and a total of 26 shared lives carers. In September 2019 the registration was expanded so the service now takes referrals from aged 16 and from all service user groups including mental health, learning disability, autism, older people and people with dementia.

Shared Lives is a service where carers open their home to people with care and support needs. Shared Lives carers are vetted, approved and trained by Shared Lives MK, before a matching process takes place to find the right carer for the person with care and support needs. Shared Lives carers offer a range of experience and skills and offer different placements. Some carers will have someone to live with them on a full-time basis; other carers offer regular respite to people for example a regular overnight a week or a month. Other shared lives carers will support people just for the day or evening.

Case studies:

J was a young man with a learning disability that had been placed in foster care when he was 11, when he was 18, he was starting to think about his future and wanted to continue to live with his foster carers and attending MK College. The foster carers were happy to continue to support J so they made the move to become Shared Lives carers. This has enabled J to stay in his placement through to adulthood with the same level of support, but also the Shared Lives carers will continue to have the same level of support and training they need to continue in their role.

N is 57 year old man that has learning disability and dementia he lives at home with his sister. His sister has other carer responsibilities for her grandchildren and for this reason she needs extra support caring for her brother. Shared Lives has been able to offer her regular respite with a shared lives family, N stays every other Tuesday night and one long weekend a month with the family. N enjoys the placement and being part of a family. This placement has supported his sister to continue in her caring role and support N to stay living at home with his family.

We are now developing a Homeshare scheme for Milton Keynes. Homeshare is the exchange of housing for practical help in the home. A householder, typically an older person with a spare room, offers accommodation to another person in exchange for an agreed level of practical support.

<https://sharedlivesplus.org.uk/how-people-in-milton-keynes-are-having-their-say/>

6.6 Review domestic abuse services to ensure vulnerable people are protected

The Milton Keynes Domestic Abuse Strategic Partnership (DASP) comprises the local authority (including Children's Social Care, Adult Social Care, Housing, Community Safety and Public Health), the Strategic Partner MKAct, MK NHS Clinical Commissioning Group, Thames Valley Police and the Office of the Police and Crime Commissioner.

On 26 February 2019, a Delegated Decision gave approval to tender for a strategic partner to work with Milton Keynes Council, and other stakeholders, to develop support for victims of domestic abuse. After a competitive tender, MKAct were awarded the contract as the Domestic Abuse Strategic Partner in Milton Keynes based on a Delegated Decision on 19th November 2019. The Partnership Framework contract will be in place for five years from 1st March 2020 and allow the Council and other Partnership members' greater flexibility around the provision of domestic abuse support Milton Keynes.

The partnership is currently in the process of developing a new strategy for tackling and preventing domestic abuse.

Co-creation of the strategy and action plan is ongoing, with focus groups with survivors and vulnerable groups providing early input into priorities. The affiliate Voice Board of MK Together Management Board is also being utilised to support this. This will be completed by May 2020.

6.9 Work with the NHS and MKCCG to improve access to mental health support and ensure it is given equal status to physical health

Kooth has been commissioned jointly with MKCCG and wider partners across BLMLK. It is a new, anonymous and free online service launched for young people aged 10-20, providing advice and access to professional counsellors as well as peer-to-peer support, with topics from exam stress and anxiety to eating disorders and grief. There are direct referral links to CAMHS should this be required. In the first 6 months of commissioning more than 500 Milton Keynes residents had used Kooth, almost 3,000 times between them.

A corporate programme focusing on mental health improvement is in place and includes a review of the effectiveness of our commissioned services and planning with partners how services are commissioned and delivered to meet the needs of the MK population. Work streams include joint working, employment and training, day opportunities and accommodation and support.

Joint working

- Link Mental Health worker for Campbell Centre is in place leading to reduced discharge delays from the Campbell centre.
- Joint working managers meetings have been set up with CNWL and terms of reference agreed resulting in closer working and anticipation of fewer professional meetings required.

Employment

- Comprehensive service mapping of the type of support available for people in the project scope, obtained from service providers which has provided a picture of what is available and allow signposting.
- Engagement with members of the public with mental health needs/autism on their experience of employment support.
- Engagement with staff working with people with mental health needs/autism.
- Review of internally commissioned services to scope potential expansion of supported employment support beyond those with learning disabilities and link up the Neighbourhood Employment Programme with new Individual Placement Support Employment Service.

Commissioning

- Windrush Close, which is 11 flats for people with mental health needs and autism opened on 29 July 2019.
- Connection Support has been funded during 2019/20 to provide a pilot community support service (floating support) for people with mental health needs. The longer-term intention is to provide a housing related support service to people in their own properties across Milton Keynes.
- The Mental Health Community Support Tender Report went to Delegated Decisions meeting on 14 January and granted approval to tender. A business case to develop an additional joint accommodation offer between health and social care is in progress.
- Develop a business case with health colleagues to develop new provision supporting step down from hospital.

Day opportunities

- Establishment of a multi-agency working group to discuss potential service models
 - A new venue for The Mix has been found and governance support for The Mix committee from Citizens Advice has been secured until June 2020.
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