

TRANSFORMING CARE PLAN – SIX MONTH UPDATE

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Purpose of Report:

In October 2015 NHS England, the Association of Directors of Adult Social Services ADASS and the Local Government Association LGA, jointly published the document 'building the right support' this required both the NHS and Local Authorities to work together to build a partnership arrangement to develop community services and close inpatient facilities for people with a learning disability and/or autism. The requirement is that this is achieved within 3 years by the end of 2018/19.

The purpose of this document is to provide a six monthly progress report on 'Transforming Care for people with learning disabilities and/or autism who display challenging behaviour'. As agreed at the 9th March 2016 Health and Wellbeing Board.

1. Background

Milton Keynes Local Authority and Milton Keynes CCG are part of a Transforming Care footprint that includes Luton and Bedfordshire CCGs, NHS England Specialised Commissioners, and Bedford Borough, Central Bedfordshire, and Luton Borough Councils (BLMK).

Across the Partnership all three CCG areas have people placed in hospital that are either funded by the CCGs or via the national NHS Specialist Commissioning team. In addition, there are a range of independent, voluntary and statutory sector providers that provide community support, supported living, residential care and education to people with a learning disability and /or autism that may be at risk of admission to hospital. Much of this care and support is spot purchased or provided through small block contracts by the individual CCG's and Councils across the Partnership area and more widely across the country when need cannot be met locally.

The numbers of people in hospital across this Partnership are relatively low compared to the rest of England. At the end of June 2018 there were 35 people from BLMK in hospital (this includes those funded by the CCGs and by specialised commissioning), compared to 2405 people (across 44 STP areas) recorded as being in hospital (number recorded in June 2018).

2. Recommendations

1. That the progress made in the implementation of the Transforming Care Plan be noted.
2. That the Health and Wellbeing Board be requested to support the proposal of a further report being presented to the Board in 6 months' time.

3. Key Issues

The implementation of our three year plan is monitored by the Bedfordshire, Luton and Milton Keynes Transforming Care Partnership Programme Board. Progress on our plan is reported on a monthly basis to NHS England, whilst a weekly update is provided on our number of hospital inpatients.

Currently we have 35 inpatients across BLMK, 19 are funded by the three CCGs whilst the rest are funded by NHS Specialised commissioning. NHS England have identified that we should have 29 inpatients by March 2019.

3.1 Milton Keynes

Milton Keynes continues to meet its NHSE trajectories for moving people out of long stay hospitals. Since the last report (February 2018), there have been two admissions to specialised hospital from the community. Two Service users have also been discharged to supported living with none of those who have been discharged have been readmitted.

The transforming Care plan set out the intention to reduce MKCCG use of hospital placements to a maximum of four by the end of 2018/19. We have already met this trajectory and it is anticipated that we will have further discharges within the next six months.

Since the Transforming care programme began, within Milton Keynes we have continued to see a net reduction in the number of inpatients. We have reduced from a maximum of 17 inpatients to currently 8 (4 CCG funded and 4 funded by NHS Specialised Commissioning). Over the same period the national net reduction in inpatients has been 185¹.

The Community Team for Adults with a Learning Disability (CTALD) have also been working with a provider to develop a small service for some of our current inpatients. It is expected that appropriate accommodation will be available in Quarter 3, with transitions already commencing with our service users.

3.2 Future of Transforming Care

During the last three years we have continued to work with our colleagues across the STP, we have been able to share intelligence on providers, ensure a consistency of approach, and reduce the variation in the management of cases.

¹ Source NHS Digital transforming care return. Recorded inpatients 2565 April 2016, 2380 July 2018

We have also discussed using 'The Coppice' inpatient unit for some of our Milton Keynes patients. Collectively we provide a regular update to NHS England, and the use of a central programme manager has helped to reduce the administration burden on all of the partners.

Whilst commissioners have seen the benefit of a shared approach across the STP, our service users have received support from local (place based) services. The complexity of this cohort has required a placed based approach to both facilitate discharge from hospital, and avoid hospital admission for some of our most vulnerable patients. Working at place we have maintained a risk register which is reviewed monthly, as well as developing local Positive Behaviour Support (PBS) interventions.

As noted earlier we have made a significant contribution to national reduction in inpatients. It is anticipated that we will continue to reduce both the number of people in hospital, and the average length of stay for those admissions.

It appears nationally that it is unlikely there will be a 50% reduction in the use of inpatient provision by April 2019, as required by building the right support². Whilst it has not been confirmed, the indications are that the transforming care programme may continue beyond April 2019. We would expect to continue to work with our colleagues from the STP, whilst maintaining a focus on the development of place based services.

4. Next Steps

We will continue to progress the transforming care plan over the next six months including:

- Discharging further inpatients to community based placements
- Working with providers to develop further capacity for supported living resources to this group
- Maintaining monthly Mutli-disciplinary scrutiny of all placements and patients who could be at risk of admission

² Building the Right support published October 2015