

Transitions to Adulthood for Disabled Young People

Presenters:

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Legislative Framework

The Care Act:

- Places a duty on local authorities to carry out a Transition Assessment for a young carer person if they are likely to have needs when they turn 18
- Local authorities must assess if it considers there is 'significant benefit' to the individual

The Assessment must take account of:

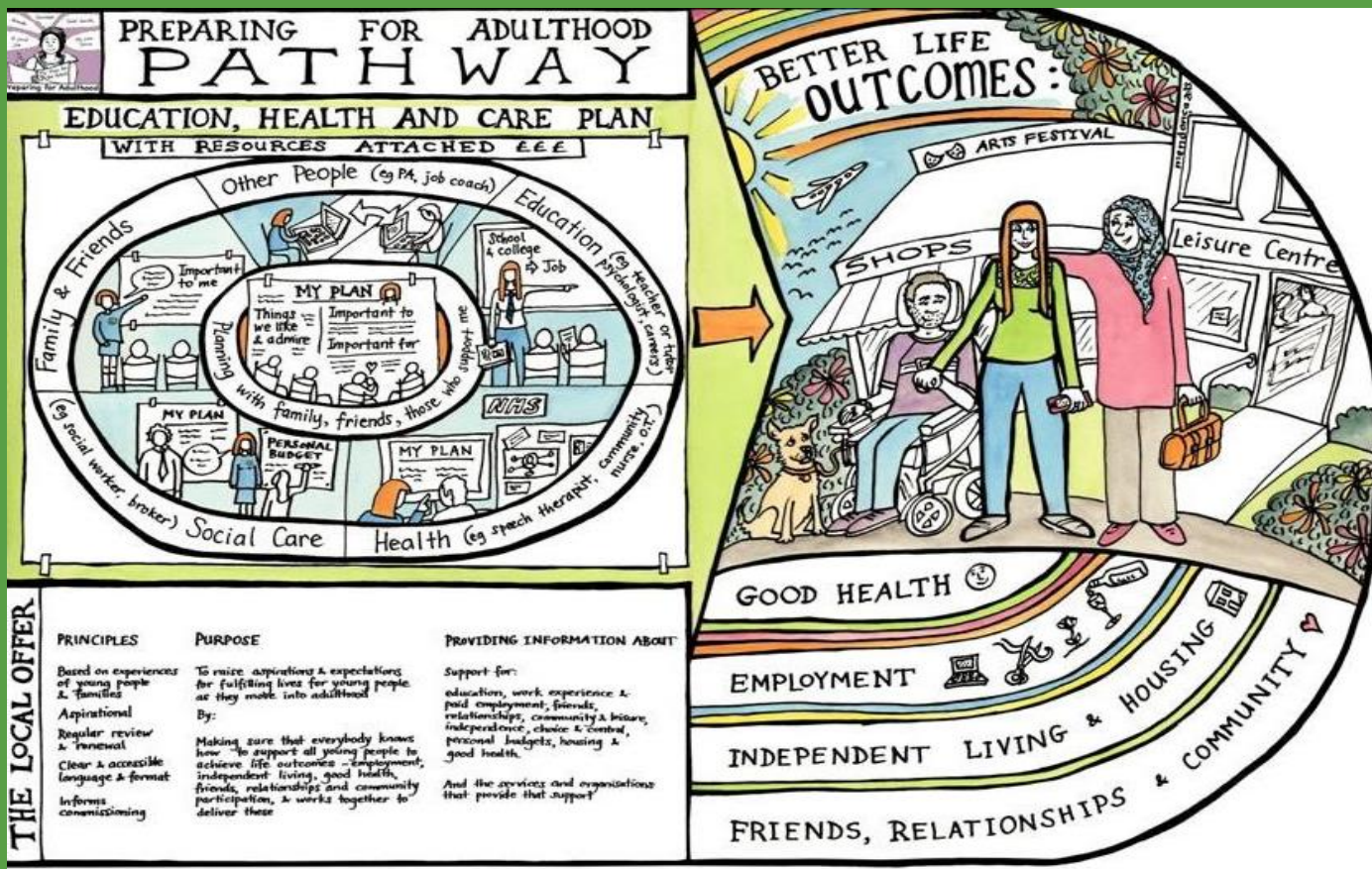
- Current needs for care and support and whether the young person is likely to have needs for care and support once they are 18
- What those needs are likely to be
- The outcomes the young person wishes to achieve in day-to-day life and how care and support can contribute to achieving them

Legislative Framework

The Children and Families Act 2014:

- The SEND Code of Practice states that **everyone working with children and young people with SEN or disabilities**; should support children and young people with SEN and disabilities to prepare for adult life and help them go on to achieve the best outcomes in all aspects of their life
- Discussions about longer-term goals should start at Year 9 (age 13-14) and should be reviewed at every Education, Health and Care plan annual review from year 9 onwards

Principles of Transition



What Families Tell us is Important

Information early to help us prepare

Choices about services and what to do next

Support with independence skills

Access to health and other services

To be part of my community and feel safe

Support with relationships

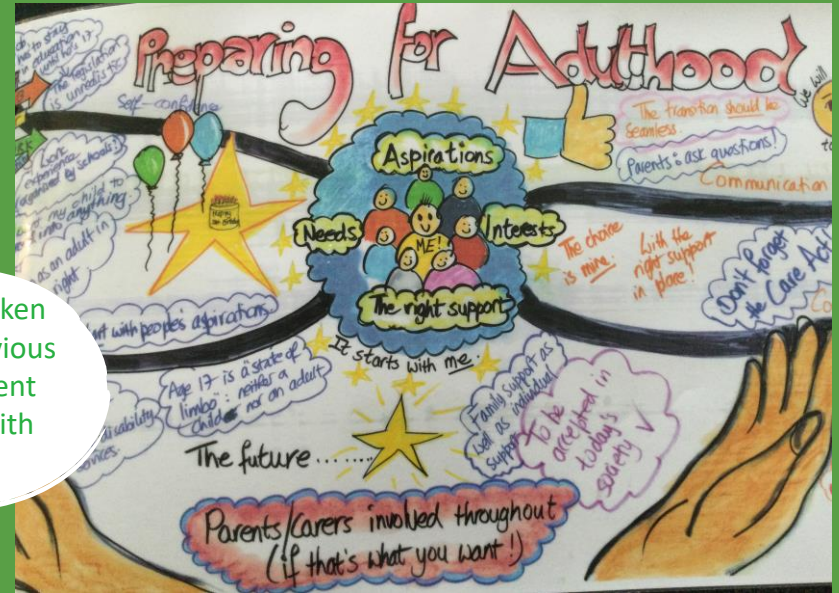
Support to access leisure opportunities



What Families Tell us



Images taken from previous engagement session with families



Our Commitment in MK

Transitions are a priority area within the Additional Needs and Disability Strategy:

Together we support and empower children and young people with SEND to live well, learn well and lead happy and fulfilling lives.

Transitions and Preparing for the Future:

We will ensure that we offer 'joined up' transitions between changes in support and provision for children and young people of all ages, where different agencies / services work in partnership to ensure a seamless and supportive experience.

Our Commitment in MK



Impact of Covid

Throughout the pandemic there have additional factors that have needed to be addressed in the management of transitions:

- Less opportunities for families to visit services such as day centres
- Transition planning and annual reviews impacted by lockdowns
- Family members needing to shield
- Availability of some services such as supported living
- Financial impact of Covid on services, especially smaller / charitable services
- ASC and CWD teams impacted by the immediate pressure of Covid for families reducing opportunities ability to plan for transitions

How we responded

Both Children and Adult Team's put a range of measures in places to support families and service's throughout Covid including:

- Phoning families or use of virtual technology where visits and meetings were not possible
- Financially supporting service's where they were unable to deliver the usual services throughout lockdowns
- Taking a preventative approach through increased support rather than crisis intervention
- Provided care throughout the pandemic wherever possible, or agreed some alterations to the use of DPs
- Signposting to local services who could support shielding families

Local Context – Key Data

CYPs with EHC Plans	2019	2020	2021
D	2068	2276	2431

The increase in EHCP's suggests a year on year increase in need for transition support for young people

CWD Caseload	CWD Caseload aged 16 and over who will require transition to ASC	Young people transitioning to adult services by 31 Aug 2022	ASC Caseload 18-25 year olds
367	79	26	304

Support from Children with Disabilities Team

The Children with Disabilities Social Work Team support families with young people approaching transitions the following ways:

- Through visits and reviews
- Inviting adult worker to CIN reviews
- Attend and participate in EHC annual reviews
- Referrals to adult social care and support with assessment and joint meetings
- Attend and support continuing health care meetings to ensure the right support is in place and resources
- Planning early for young people with particularly needs and vulnerabilities

Support From Adult Social Care

- Planning earlier for a positive experience and to build confidence for transition into adult services
- Attendance at the Multi Agency Regional Specialist Commissioning Meetings to track admissions of young people in CAMHS T4 Placements
- Co-production with young people, families and agencies, in assessing and planning a young person's care and support needs
- A coordinated approach between health and social care in supporting discharge of young people from hospital
- To work with young people and identify a pathway for young people who meet the criteria for Transforming Care

Transition Case Study

17 year old young person open to CWD who would require long term placements as they transition to adulthood. Using a Signs of Safety model and Person Centred Planning:

- The voice of the young person was heard and their wishes were kept in the centre of the work and parents wishes and feelings were also considered
- The priorities were shared of finding a placement that would meet the young person's needs, assisting them to develop their independence skills and helping them continue their family relationship whilst making new friendships
- Joint assessment with Children, Adults and Continuing Health Care assessors
- All services engaged to discuss and plan the transition in ensuring a placement that would

Working Together for Positive Transitions

Collaboration

Voice of
the young
person

Focus on
outcomes

Family
involvement

Communication
& Coordination

Early
Planning

Gathering
and sharing
information



Next Steps

Building on the pathways and processes in place such as the 6 weekly multi-agency transition meeting and ensure a focus on and monitoring of outcomes

Refocus on transition support, including reforming and re-establishing the transition coordination role in CWD

Review and strengthen transition pathways and approach through further engagement with families and partners

Co-produce further information on transition with and for young people and their families

