

Milton Keynes Community Health Services

Introduction to CNWL

Health and Adult Social Care Select
Committee

29 January 2013

Page 1 of 10



Wellbeing for life

Introducing the CNWL Team

Claire Murdoch, Chief Executive

John Vaughan, Director of Community Services and Strategic Development

Trevor Shipman, Director of Finance and IT

Cathy Walker, Managing Director, MKCHS



CNWL – Key Facts

- NHS Foundation Trust since 2007
- Providing community based health and social care – mental health – inpatient and community, LD, offender care, addictions and wide range of community based physical healthcare services
- Services provided in Surrey, Kent, London, Hampshire and nationally
- Currently employ over 5,200 staff
- Diverse catchment area – over 150 first languages spoken with areas of great affluence and considerable deprivation
- Membership base of over 14,000
- Registered with the Care Quality Commission with no conditions
- Green governance risk rating from Monitor
- Annual turnover of £370 million – strong track record. Monitor financial risk rating of 4



CNWL's Vision

We work in partnership with local people to improve health and wellbeing. Together we look at ways of improving an individual's quality of life, through high quality health and social care, and personal support.

These values provide us with our vision of
'Wellbeing for Life'.



What does CNWL offer to Milton Keynes?

- A NHS provider with experience and capabilities across mental health and physical health - and all infrastructure support areas
- A stable, clinically-led leadership team
- Wide experience of integrated models of health and social care
- Proven ability to improve patient safety and to out-perform peer trusts on improving the patient experience
- Access to award winning approaches, expertise and CNWL's Innovation Fund
- Track record of successful transfers, contract delivery and long term partnerships



CNWL's vision for Milton Keynes

- Local where possible, central only where necessary
- Building on the existing strengths of the MKCHS service
- Integrated health and social care at the heart of everything we do
- Care to be effectively integrated across primary, community and secondary care
- MK should have modern, high quality services, offering VfM
- Offering community based alternatives to acute, bed based care e.g. admissions avoidance, planned early discharge
- Focus on better self care, earlier assessment and treatment, good access to safe, high quality services closer to home
- CNWL can support commissioners in their leadership and influence of the local health economy to introduce whole systems change. We have experience of this.



Our Approach - 'Adopt, Adapt, Transform'

Adopt

- Safe, seamless transfer by 1 April 2013 with sustained performance, positioned to deliver

Adapt

- Firm foundations – establishing trust and partnership, robust governance, clear leadership
- Early back office efficiencies
- Building on the existing excellent local relationships and co-delivery with MKC
- Dialogue to establish your appetite for change and pace of delivery
- CNWL 's leadership supporting autonomous local delivery, wherever possible

Transform

- Immediate attention to MK whole system 13/14 transformation priorities
- Increasing pace of change of integrated delivery
- Delivering QIPP programmes and overall CIPs (£2m+ pa) over life of contract
- Empowering the MKCHS workforce and revitalising MK's infrastructure



Headline Financial plans

CNWL's financial plans designed to meet local commissioners' requirements

- DH planning guidance – 4% CIP (to meet 2.7% inflation and 1.3% to commissioners)
- National QIPP requirement – translates as £2million for MK
- Requirement of integration to achieve savings of £0.5 million

QIPP Savings schemes

- Absorbing the 3.6% growth received for increased population and complexity (i.e. treating more patients for same income)
- Existing schemes eg mental health rehabilitation pathway
- Reduced spend on Out of Area Placements (PEP)
- Benchmarking and increased productivity (reducing costs e.g. LOS)
- More efficient Integrated Care Pathways

Headline Financial plans

Outline CIP schemes – (£2.2 million target)

- Procurement
- Facilities costs
- Skill mix reviews
- 3rd party contracts
- Review of estates requirements

Aiming for overall financial stability, supporting service delivery in Milton Keynes



Conclusion

- CNWL - a committed and collaborative partner with the ambition and capability to support transformation of MK services
- A track record of delivery of similar contracts, built on deep understanding of partnership approaches to meet local needs
- In particular, we have the scale and expertise to deliver significant change programmes, CIPs and QIPP - in challenged economies
- We offer access to substantial clinical expertise across physical and mental health
- A stable and successful leadership team
- A clear focus on developing MK services – no distractions from FT applications, mergers or major internal financial/performance issues

