

**TRANSFORMATION OF THE MILTON KEYNES CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING PATHWAY**

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**Purpose of Report:**

To inform the Health and Wellbeing Board about the outcome of the Milton Keynes CAMHS Pathway review and the expectations of national Children and Young People's Mental Health and Wellbeing Transformation Programme.

To seek agreement for the proposed governance arrangements to oversee the implementation of the five year Milton Keynes Children and Young Peoples Mental Health and Wellbeing Transformation Programme.

To seek agreement about the process for signing off the Milton Keynes Transformation Plan prior to submission to NHS England.

**1. Background**

- 1.1 There is national and local debate about the provision of Child and Adolescent Mental Health Services (CAMHS); this has emerged as a result of increasing and changing demand combined with complexity of individual needs. Milton Keynes Clinical Commissioning Group (CCG) and Milton Keynes Council (MKC) individually commission targeted and specialist services from CNWL NHS Trust. In 2014 they jointly identified the need for change and, as a consequence, set up the CAMHS pathway review. The review was overseen by a multi-agency project board; which began in September 2014 and concluded June 2015.
- 1.2 There is a wealth of information at a national level that demonstrates the complexity of the CAMHS system and the issues faced by all those who are undertaking work to improve outcomes for children and young people. This is summarised most recently in 'Future in Mind' the published report of the findings of the National Children and Young People's Mental Health and Wellbeing Taskforce.
- 1.3 Future in Mind makes recommendations for transforming the CAMHS pathway and further guidance was published on the 3 August informing CCGs of how to access national moneys to support this transformation. This guidance is restrictive in the scope of how this money can be spent (predominantly on strengthening the eating disorder service) and also stipulates that the transformation plan must be signed off by the local Health and Wellbeing Board (HWB) prior to submission.

- 1.4 The most challenging element of the local pathway review was to effectively benchmark local services; there is very limited national data available. There are two national NHS CAMHS Benchmarking Reports published in 2012 and 2013; both reports present different information and do not allow for any robust conclusion to be drawn. Conversely the most effective and inspiring information has come from engaging with local stakeholders, particularly children and young people who have experienced mental health difficulties.
- 1.5 The findings and recommendations of the pathway review have been discussed with the CAMHS Project Board, the CCG Children, Young People and Maternity Programme Board, the CCG Clinical Delivery Group and key stakeholders.
- 1.6 The review identified key principles which should inform local service transformation:
- Children and Young People are the experts and should be at the heart of our Transformation Programme.
  - An integrated whole system approach will provide a more resilient and sustainable model.
  - A whole family approach which is built around the needs of the family rather than available services.
  - Ensuring that the most vulnerable children and those with complex needs have access to specialist advice and support as and when required.
  - Increasing the skill and competency of the wider children's workforce, particularly schools and GPs, will increase resilience and prevent escalation of difficulties.
  - Strong leadership is required to lead the transformation process and achieve the required change.

## **2. Recommendations**

1. That the review findings and recommendations be agreed.
2. That the identified priorities for the transformation programme with consideration to available system wide resources and other competing priorities be supported.
3. That the proposed governance arrangements to oversee the implementation of the five year Milton Keynes Children and Young People's Mental Health and Wellbeing Transformation Programme be agreed.
4. That a nominated representative, either the Chair, the Director of Children's Services, the Director of Public Health or the portfolio member for Health, from the Health and Wellbeing Board be authorised to sign off the Milton Keynes Transformation Plan prior to submission to NHS England.

### **3. Key Issues**

#### **3.1 National Guidance**

3.1.1 National guidance was published by NHS England on 3 August 2015, informing CCGs about requirements for service transformation as previously outlined in Future in Mind.

- *Local Transformation Plans for Children and Young People's Mental Health and Wellbeing* outlines expectations for the development of Local Transformation Plans to support improvements in children's mental health and wellbeing.
- *Access and Waiting Time Standard for Children and Young People with an Eating Disorder* is guidance on establishing and maintaining a seven day a week community eating disorder service for populations of 500,000 and above.

3.1.2 The timetable for final submission of the MK transformation plan is 16 October 2015; this will need to be signed off by the Health and Wellbeing Board. The guidance recognises the tight timescale and suggests that HWBs nominate a representative to take responsibility for signing off the transformation plan if it cannot formally be presented to the board.

#### **3.2 Governance of the Transformation Programme**

3.2.1 This Programme of transformation will require the engagement of statutory and voluntary agencies across the local children's economy and adult services, including the involvement of children, young people and their families. NHS England is clear that local areas are required to build accountability to Health and Wellbeing Boards. In Milton Keynes this will be achieved through the proposed reporting of the Transformation Board to the Joint Commissioning Board and ultimately to the HWB.

#### **3.3 Priorities**

3.3.1 There is a significant correlation between the findings of the Milton Keynes review and those outlined in Future in Mind. Priorities for transformation in the first year have been determined by:

- Transformation required to access national money
- Priorities identified through the pathway review
- Operational issues identified by the lead provider (CNWL)

The proposed priorities are:

- Young People's Community Eating Disorder Services
- Complex and challenging behaviour pathway
- Crisis and Urgent Care Model and Memorandum of Understanding between MKUHFT and CNWL
- Mental Health and Wellbeing for C&YP with Long Term Conditions

- Building confidence and capacity in Universal Services to support Mental Health and Wellbeing through a whole system approach
- Building sustainable and resilient specialist clinical services including CYP IAPT
- Integrated Care Pathway for Perinatal Mental Health

#### **4. Additional Information**

4.1 On 28 January 2015 the Joint Commissioning Board (JCB) considered the options for commissioning and aligning the financial arrangements between the Clinical Commissioning Group (CCG) and Milton Keynes Council (MKC) for the CAMHS service.

The Joint Commissioning Board agreed at the meeting:

- The CAMHS service should be jointly commissioned by MKC and CCG.
- A section 75 agreement should be developed to determine responsibilities and financial arrangements between organisations.
- The CCG would be the lead organisation in the re- commissioning of the service for April 2018.

Background Papers:	Report of Milton Keynes CAMHS Pathway Review; MKC and MK CCG, July 2015	<a href="http://www.milton-keynes.gov.uk/assets/attach/30739/Review%20of%20CAMHS%20Pathways%20in%20Milton%20Keynes_July%202015.pdf">http://www.milton-keynes.gov.uk/assets/attach/30739/Review%20of%20CAMHS%20Pathways%20in%20Milton%20Keynes_July%202015.pdf</a>
	Future in Mind'; Promoting, protecting and improving our children and young people's mental health and wellbeing; Department of Health and NHS England, April 2015	<a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf">https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf</a>
	Local Transformation Plans for Children and Young People's Mental Health and Wellbeing; Guidance and Support for Local areas; NHS England July 2015	<a href="http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf">http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf</a>
	Access and Waiting Time Standard for Children and Young People with an Eating Disorder; NHS England July 2015	<a href="http://www.england.nhs.uk/wp-content/uploads/2015/07/cyp-eating-disorders-access-waiting-time-standard-comm-guid.pdf">http://www.england.nhs.uk/wp-content/uploads/2015/07/cyp-eating-disorders-access-waiting-time-standard-comm-guid.pdf</a>